

## > > > COURSE DESCRIPTIONS: COUNSELING

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*The core elective requirements in Servant Ministry may be met by coursework in the range, CO510-549.*

### **CO515 FORGIVENESS IN THE COUNSELING PROCESS (3)**

*Holeman*

This course explores the theological, psychological, and clinical components of forgiveness. Interpersonal and intrapersonal elements of forgiveness receive particular emphasis. Procedures for implementing forgiveness in pastoral and clinical counseling settings are reviewed.

### **CO520 NARRATIVE COUNSELING (3)**

*Dinkins, Mucherera*

This course is designed as an examination of the theory and practice of a postmodern approach to counseling from the perspective of narrative. The process of authoring and reauthoring lives through stories will be examined from the disciplines of literature, psychology, Bible, theology, psychotherapy, and spiritual direction.

### **CO550 TUTORIAL IN COUNSELING (1-3)**

*Dinkins, Headley, Holeman, Mucherera, Palmer*

For students with specialized interests/needs in selected areas of introductory study in Counseling. Consult syllabus for prerequisites and course requirements. See p. 25 for academic policy. May be repeated.

### **CO599 INDEPENDENT RESEARCH IN COUNSELING (1-3)**

*Dinkins, Headley, Holeman, Mucherera, Palmer*

Guided, independent, introductory research in Counseling. See p. 25 for academic policy and procedure. By contract. Credit only. May be repeated.

### **CO601 COUNSELING THEORIES AND TECHNIQUES (3)**

*Headley, Holeman, Palmer*

A survey of classical and contemporary theories of counseling. Attention is given to theories of personality, the development of dysfunctional problems, techniques, and application of each theory. Students will develop their view and model of counseling based upon their theological assumptions and their study of counseling theories. Readings, lectures, and role-playing are part of the course's methodology.

### **CO602-605: TREATMENT PLANNING IN COUNSELING**

*Headley, Holeman, Mucherera, Palmer*

This sequence of courses focuses on treatment planning using theoretical, diagnostic, and integrative approaches. Students will be exposed to all phases of the treatment planning process, including the formulation and writing of treatment plans, the implementation of plans using appropriate timelines, treatment techniques appropriate to different mental and emotional disorders, and how to make treatment referrals where necessary. For MA Counseling students. CO603 is mandatory for the MA Counseling program. Three segments of this four-course sequence are required for the MA Counseling program. Prerequisite: CO601.

**CO602 TREATMENT PLANNING IN COUNSELING—1: THEORETICAL APPROACHES TO ASSESSMENT AND TREATMENT PLANNING (1)** Prerequisites: CO603 and CO720

**CO603 TREATMENT PLANNING IN COUNSELING—2: ORIENTATION TO CHRISTIAN APPROACHES TO DIAGNOSIS AND TREATMENT PLANNING (1)**

**CO604 TREATMENT PLANNING IN COUNSELING—3: SUPERVISION OF TREATMENT, KEEPING RECORDS, AND USING DIAGNOSTIC INFORMATION TO FACILITATE TREATMENT PLANNING (1)**  
Prerequisites: CO603 and CO720

**CO605 TREATMENT PLANNING IN COUNSELING—4: TREATING THE CHRONIC MENTALLY ILL AND TREATMENT AND MAKING TREATMENT REFERRALS (1)** Prerequisites: CO603 and CO720

**CO610 ETHICAL AND LEGAL ISSUES IN COUNSELING (3)**

*Mucherera*

Identifies and discusses the ethical aspects and legal issues related to the counseling profession. Confidentiality, recordkeeping, and counselor-client behavior are some of the topics covered. Prerequisite: CO601.

**CO611 DYNAMICS OF HUMAN SEXUALITY (3)**

*Staff*

Examines the issues and problems of human sexuality as they are encountered in oneself and in the counseling relationship. Sexual problems experienced by individuals, couples, and families will be studied with attention given to treatment of these difficulties. Prerequisite: CO601.

**CO615/CD615 DISCIPLESHIP DEVELOPMENT IN THE FAMILY (3)**

*Staff*

A study of the relationship of the church to the home in the joint enterprise of strengthening the family, nurturing children and bringing them to mature Christian discipleship. Special attention is given to the contemporary theAsbury Theological Seminary to family life and the emerging needs of the family. Cross-listed as CD615.

**CO620/CD610 MORAL DEVELOPEMENT (3)**

*Staff*

Examines evidences touching the development of moral sense and judgment in relation to cognitive and biological growth, with in-depth attention given to the work of Jean Piaget and Lawrence Kohlberg. Human development, conscience formation, and theological concerns related to original sin, sinfulness, salvation, and nurture are brought to bear on the ministries essential to communicating distinctive Christian values from one generation to the next. Cross-listed as CD610.

**CO621 PSYCHOLOGY OF RELIGION (3)**

*Mucherera*

An introductory study of the psychological phenomena of religion in both individuals and groups. Attention is given to the psychological sources of religion, problems of faith and doubt, worship, mysticism, education, and other basic aspects of the religious life.

**CO622 THEORIES OF PERSONALITY DEVELOPMENT (3)***Staff*

A consideration of the nature and dynamics of human personality as related to pastoral care and counseling. Various schools of dynamic psychological thought are studied and the relevance of their insights to care giving and counseling are noted. Prerequisite: CO601.

**CO625 RECOGNIZING AND TREATING ADDICTIVE DISORDERS (3)***Staff*

This course is specifically designed to help prospective Christian counselors, pastors, and youth leaders to develop the skills needed to recognize addictive disorders, evaluate effective treatment options, and grasp the essential elements required for recovery from these disorders. Secular and Christian approaches for treating chemical dependency, eating disorders, compulsive gambling, and sexual disorders will be examined. Prerequisite: PC510 or CO601.

**CO650 TUTORIAL IN COUNSELING (1-3)***Dinkins, Headley, Holeman, Mucherera, Palmer*

For students with specialized interests/needs in selected areas of intermediate study in Counseling. Consult syllabus for prerequisites and course requirements. See p. 25 for academic policy. May be repeated.

**CO655 THE COUNSELING RELATIONSHIP: PROCESS AND SKILLS (3)***Headley, Holeman, Palmer*

Blends counseling process theory with practice. Students are introduced to the counseling process through readings, lectures, and a video practicum. Attending, responding, and initiating skills are taught. A laboratory experience for evaluating student's counseling is part of the course. Enrollment is limited to students in the M.A. Counseling programs. Others with permission of instructor.

**CO660 CRISIS COUNSELING: THEORY AND APPLICATION (3)***Holeman, Mucherera*

A study of the theory and practice of crisis intervention for counselors. It focuses upon care and counseling with persons undergoing circumstantial and environmental stressful situations. Assessment role clarification in systems of care, triagem, boundaries, ethical/legal issues, referral, and care of self will be discussed. M.A. Counseling students. Others with permission. Prerequisite: CO601.

**CO670 MARRIAGE AND FAMILY COUNSELING (3)***Headley, Holeman*

Family systems theory provides a course framework for exploring marital and familial issues. Special emphasis is given to the role of the counselor. Procedures and techniques for both preventative and remedial interventions are investigated. Enrollment is limited to M.A. Counseling students. Others with permission of professor. Prerequisite: CO601 or PC510.

**CO675 GROUP COUNSELING (3)***Burgess, Headley*

An investigation of the theories, principles and techniques of group counseling. Emphasis is placed upon a practical application in a variety of therapeutic settings. Different methods are selected to illustrate group dynamics. Enrollment is limited to students in the M.A. Counseling program. Others with permission of instructor. All students are required to participate in a professionally led group counseling experience. A \$75 lab fee covers six to eight counseling sessions. Prerequisite: CO601.

**CO680 CAREER COUNSELING (3)***Headley, Palmer*

This course is a foundational class in career counseling. As part of the class, students will be exposed to the knowledge, theories, skills, and techniques necessary to providing such services in various contexts and with a variety of groups. Students will also gain a Christian perspective on vocation, career, and work as a foundation for the practice of career counseling. Prerequisite: CO601.

**CO699 INDEPENDENT RESEARCH IN COUNSELING (1-3)***Dinkins, Headley, Holeman, Mucherera, Palmer*

Guided, independent, intermediate research in Counseling. See p. 25 for academic policy and procedure. By contract. Credit only. May be repeated.

**CO705-706 COUNSELING PRACTICUM***Staff*

A series of two required practicums. Students secure placements in consultation with the faculty member who coordinates these practicums. A list of previously used placements is available in the Office of the Area of Counseling and Pastoral Care. Prerequisites: CO601, CO610, and CO655. Credit only. For M.A. counseling students.

**CO705 COUNSELING PRACTICUM—1 (2)****CO706 COUNSELING PRACTICUM—3 (2)****CO705 CLINICAL EDUCATION PRACTICUM (2, 4)***Mucherera*

This 400-hour practicum is designed to develop basic skills that are foundational to counseling. Students apply to programs accredited by the Association of Clinical Pastoral Education (ACPE) or The College of Supervision and Psychotherapy (CSP). Application needs to be made 3 months prior to the start of the unit. Directories of these programs are available in the Office of the Area of Counseling and Pastoral Care. Students enrolled in four hours of this practicum are considered "full-time students" for receiving the Scholarship Grant. In some clinical settings this practicum can be divided into two-hour segments taken over two semesters. For M.A. counseling students. Prerequisites: CO601 and CO655. Credit only.

**CO710 FAMILY SYSTEMS THEORY (3)***Staff*

Focuses on family systems theory providing an overview of the various theories. Attention will be given to the theoretical aspects, major contributors, assessment techniques, and the application of the theories and techniques to marital problems. Prerequisite: CO601.

**CO715 ASSESSMENT INVENTORIES IN COUNSELING (3)***Staff*

Introduces the student to the principles and use of tests and inventories in counseling. Specific instruments are discussed, including the purpose and applications of each. Personal and case material will be utilized to aid the learning process. Open to all students in the last year of their degree programs. Additional fee for test materials. Prerequisite: CO601.

**CO720 PSYCHOPATHOLOGY: THEORY AND ASSESSMENT (3)***Headley, Holeman*

An overview of major emotional problems, including anxiety disorders, affective disorders, depression, substance abuse, eating disorders, stress disorders, and others. Students will be introduced to the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV). Attention given to recognition, diagnosis, and treatment procedures. Prerequisite: CO601.

**CO725 RESEARCH SEMINAR: THEORY AND DESIGN (3)***Holeman*

An introduction and examination of basic research techniques and methods. Students will be exposed to areas that include: types of research, basic statistics, program review, research implementation, research-report development and publication procedures. Ethical and legal issues related to research will also be discussed. Prerequisite: CO601.

**CO730 ADVANCED ISSUES IN CROSS-CULTURAL COUNSELING (3)***Mucherera*

Designed to provide students with theories and techniques of providing counseling to those culturally different. Application of the theories and techniques are also taught. Prerequisite: PC510 or CO601.

**CO750 TUTORIAL IN COUNSELING (1-3)***Dinkins, Headley, Holeman, Mucherera, Palmer*

For students with specialized interests/needs in selected areas of advanced study in Counseling. Consult syllabus for prerequisites and course requirements. See p. 25 for academic policy. May be repeated.

**CO751 PROFESSIONAL COUNSELING SEMINAR (1)***Staff*

An informal, small-group approach will be used to explore concerns related to the role of the counselor. Advanced education, career objectives, and certification issues are some of the topics discussed. Prerequisites: CO701. Required of M.A. Counseling students during their last spring semester. Credit only.

**CO799 INDEPENDENT RESEARCH IN COUNSELING (1-3)***Dinkins, Headley, Holeman, Mucherera, Palmer*

Guided, independent, advanced research in Counseling. See p. 25 for academic policy and procedure. By contract. Credit only. May be repeated.